



DERMALUX TRI-WAVE MD LED PRE AND POSTCARE ADVICE + CONTRAINDICATIONS

LED phototherapy is a highly safe treatment, supported by decades of clinical research and studies. It is even considered safe for use during pregnancy. However, it may not be suitable for individuals with certain photosensitive conditions, such as epilepsy, light-induced seizures, photosensitive eczema, active cancers, or for those taking photosensitising medications

Indications for use include but are not limited to the following:

- Skin Rejuvenation (C)
- Pigmentation (C)
- Acne
- Redness (C)
- Inflammatory Skin Conditions
- Psoriasis
- Healing
- Pain (Musculoskeletal)

The above indications are medical unless marked with (C) which are cosmetic indications.

CONTRA-INDICATIONS

Absolute (Do not proceed):

- Epilepsy or seizures triggered by light
- Metallic disorders such as Porphyria
- Autoimmune disorders such as Systemic Lupus Erythematosus (SLE)
- Photosensitive disorders such as Photosensitive Eczema
- Active cancers
- Use of Photosensitive Medication

Warnings associated with photosensitivity:

Certain medical conditions and chemical are known to induce photosensitivity. Photosensitivity is a common side effect of various medications. These can include certain antibiotics, chemotherapy drugs, diuretics and St John's Wort.

Side effects of LED Phototherapy

immediately after LED Light treatment:

- Skin may feel warm and may appear red due to increased circulation in the treated area – skin should return to normal within 1 to 2 hours
- Temporary headaches (very rare) – they can be treated with an appropriate painkiller or rehydration

Additional Advice

Use a sunscreen. Sunlight contains Ultraviolet (UV) rays, which are the main cause of skin ageing and can cause skin cancer. We recommend a physical sunscreen that protects the skin from UVA and UVB rays and environmental aggressors (we have a selection available in clinic for purchase).

Contact us

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